

# MEDIA RELEASE



Thursday, 12 September 2019

## Muswellbrook community to enjoy a free movie night under the stars

The Rural Adversity Mental Health Program (RAMHP) is delighted to host a free family movie night under the stars on Friday 27 September at the Muswellbrook Racecourse.

Supported by Aurizon's Community Giving Fund, the event will provide families from Muswellbrook and surrounding areas with a free night out including a BBQ, entertainment by a magician, movie screening and popcorn.

Manager of the event RAMHP Coordinator Sarah Green, said the idea for the event originated as a result of the ongoing drought in the region.

"Communities are doing it tough and we felt that this event would help to provide an opportunity for people to just have fun, get away from their work and socialise with families and friends.

"It is so important that during prolonged stressful times we make time to look after our own mental health and this includes connecting with others and taking time out to do something enjoyable.

"We are so grateful to Aurizon for supporting this event so that we could make it happen and provide a fun family event that is at very little cost to our community," said Ms Green.

Derek Gibson, Aurizon's local Regional Operations Manager said providing funding for the movie night was an easy decision for the company.

"Supporting mental health and wellbeing initiatives at work and in our communities is very important to us. We know it is incredibly important for people to stay connected during stressful times and this event will help achieve that sense of community.

"Aurizon has many employees who live and work in the local area so we understand first-hand how the ongoing drought has impacted our community. We're excited to be bringing a free event to Muswellbrook, which will provide families with a night out without the worry of finding money to attend," said Mr Gibson.

The movie screening on the night is 'How to Train Your Dragon: The Hidden World' which will appeal to audiences young and old. BBQ, café and bar facilities will be open on the night and event goers are encouraged to bring along a picnic rug or chair.

Details of the movie night are as follows:

**WHAT:** Free Family Movie Night - 'How To Train Your Dragon'  
**WHEN:** Friday 27 September - 4.30pm – 9pm  
**WHERE:** Muswellbrook Racecourse, Racecourse Road, Muswellbrook

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