

Addendum to Rural Suicide and its Prevention: a CRRMH Position Paper

Note to reader:

Some of the data presented in this *Rural Suicide and its Prevention* position paper reflects 2016 data from the Australian Bureau of Statistics (ABS) (2017)¹.

In September 2019, the ABS released **2018** data which showed that:

- The overall suicide rate for the whole of Australia was 12.2 per 100,000
- The rate of suicide in all of Australia's **Greater Capital Cities** combined was 10.3 per 100,000
- The rate of suicide for combined areas outside the **Greater Capital Cities** was 55% higher at 15.9 per 100,000
- The number of deaths outside the **Greater Capital Cities** comprised 41% of suicide deaths in Australia

Comorbidity

Where suicide is listed as the primary cause of death, a comorbidity is the presence of one or more diseases or disorders in an individual, as noted by a coroner on a death certificate.

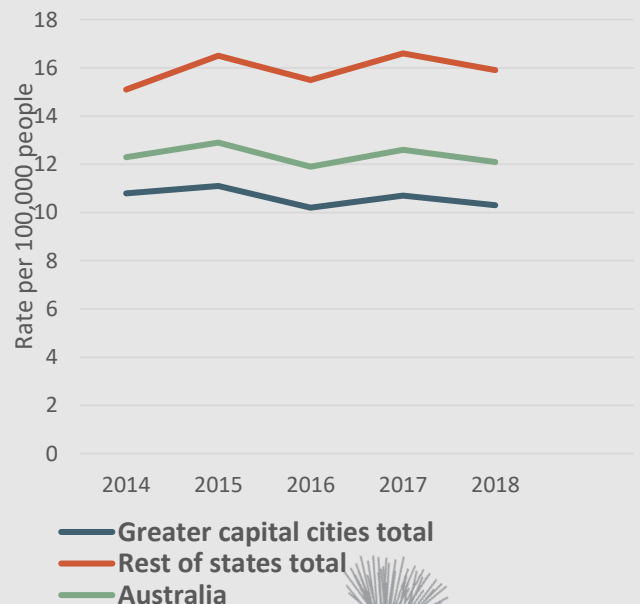
In 2019, rates of suicide deaths having mental health, drug and alcohol related comorbidities as co-occurring factors, were as follows:

- 43.9% Mood disorder, incl. depression
- 29.4% Drug & alcohol use disorders
- 17.6% Anxiety & stress related disorders
- 21.5% Alcohol and other drugs in the blood

Suicide rate, by regional of usual residence, Australia, 2018 (update to Figure 6 therein)



Suicide rates by region, 2014-2018, Australia, 2018 (update to Figure 8 therein)



¹Australian Bureau of Statistics, (2017), 3303_0 Causes of Death, Australia, 2016

